

all-americans

THE BEST AMATEUR ATHLETES OF 2007

By The Editors

Upset, victory, broken records and age groupers going pro—it was a turbulent, tireless year in the world of amateur multi-sport. But finally, we're delighted to present our exclusive All-Americans List, the 10 best triathletes and five best duathletes of North America in 2007. Triathlete selections are based on 2007 performances at the USA Triathlon Olympic-distance national championship, International Triathlon Union Olympic-distance world championship and Ford Ironman world championship. Duathlete selections are based on 2007 performances at the USAT short-course national championship and ITU short-course world championship. Athletes are listed alphabetically; our pick for the best of each age group is in blue.

FOR THE EXCLUSIVE LIST OF OUR 2007 ALL-AMERICAN XTERRA ATHLETES, VISIT INSIDETRI.COM.

TRIATHLON

FEMALE 20-24

Barbara Bonola, Mexico
 Laura Coombs, San Luis Obispo, CA
 Katie Ellis, Phoenix, AZ
 April Gellatly, Palmetto, GA
 Danielle Kehoe, Arvada, CO
 ★ Leah Larson, Boulder, CO

Ana Rosa Paredes, Mexico
 Ana Tere Ransanz, Mexico
 Lauren Swigart, Portola Valley, CA
 Martina Wan, Canada

FEMALE 25-29

Ulrike Bromme, Boulder, CO
 Haley Cooper, Spokane, WA
 Christina Feliz, Seattle, WA
 ★ Jennifer Garrison, Naperville, IL
 Rachel McBride, Canada

Mary Miller, Boulder, CO
 Cara Payne, Seattle, WA
 Jocelyn Petrella, Denver, CO
 Suzanne Snyder, Colorado Springs, CO
 Bree Wee, Kailua-Kona, HI

FEMALE 30-34

Cindi Bannink, Middleton, WI
 Beatrix Blattmann, Edwards, CA
 Elizabeth Fedofsky, Lisle, IL
 Lauren Harrison, Monterey, CA
 Jessica Jacobs, Copperas Cove, TX
 Kiera Karas, Columbus, OH
 Angela Lilly, Canada

Tracy Robertson, Colorado Springs, CO
 ★ Rachel Ross, Honolulu, HI
 Caroline Walden, Paradise Valley, AZ

FEMALE 35-39

Shawn Chapler, Alameda, CA

Shannon Donley, Anchorage, AK
 Fiona Gray, Canada
 ★ Kelly Lear-Kaul, Littleton, CO
 Amy McGrath, Spring Branch, TX
 Alicia Parr, Durham, NC
 Stacey Richardson, Chapel Hill, NC
 Jeannie Samson, Austin, TX
 Caroline Smith, Mandeville, LA
 Peggy Yetman, Beaumont, TX

FEMALE 40-44

★ Britni Bakk, Point Roberts, WA
 Lyndsey Clapperton, Canada
 Michelle Lanouette, Wauwatosa, WI
 Katherine Nichols, Honolulu, HI
 Tracy Orcutt, Seattle, WA
 Mina Pizzini, Dallas, TX
 Steph Popelar, Parker, CO
 Leslie Sanderson, Canada
 Kerry Simmons, Point Lookout, NY
 Kathy Winkler, Mill Valley, CA

FEMALE 45-49

Annie Carrino, Portola Valley, CA
 Judyann Cummings, Denver, CO
 Ellen Hart, Denver, CO
 Terry Martin Duvel, Encinitas, CA
 Pippa Michaels, Far Hills, NJ
 Kelly Molaski, Bellingham, WA

★ Juliana Nievergelt, Norfolk, MA

Holly Nybo, Portola Valley, CA
 Amy Rice, Wakefield, RI
 Teresa Rider, Boulder, CO

FEMALE 50-54

Ann Barnes, Canada
 Bridget Dawson, Portland, OR
 Edie Fisher, Canada
 Susan Griffin-Kaklikian, Castle Rock, CO

Claire McCarty, Malibu, CA

Kimberlee Rouse, San Diego, CA
 Ann Seifert, Helena, MT
 Nancy Smith, New Britain, PA
 Donna Smyers, Adamant, VT

★ Laura Sophiea, Birmingham, MI

FEMALE 55-59

Sally Gaines, Mammoth Lakes, CA
 Jo Garuccio, Sandy, UT
 Sharon Keith, Kaneohe, HI

★ Betsy LaFlame, Waitsfield, VT

Sally Long, St. Charles, IL
 Carol Peters, Canada
 Diane Proud, Irving, TX
 Diane Sharp, Asheville, NC
 Beatrice Van Horne, Vienna, VA
 Sandi Wiebe, Vancouver, WA

FEMALE 60-64

Lauren Binder, Portland, OR
 Kathy Felix, Woodside, CA
 Amy Fredericks, Tehachapi, CA
 Valerie Gonzales, Canada

★ Cherie Gruenfeld, Cathedral City, CA

Patricia Kimper, Solana Beach, CA
 Phyllis Mason, Wilmington, NC
 Chris McCambridge, Austin, TX
 Sharon Morey, Oswego, NY
 Cindy Rach, Woodinville, WA

FEMALE 65-69

Sharon Blount, St. Simons Island, GA
 Celeste Callahan, Denver, CO
 Helen Geoffrion, Santa Monica, CA
 Lis Heckmann, Georgetown, TX
 Peggy McDowell-Cramer, Santa Monica, CA

★ Jan Miller, Green Valley, AZ

Renate Rhein, Huntington, NY
 Lolly Rodgers, Sonora, CA



DIANE BROOD



FRANCK CIKAN



KATIE ELLIS



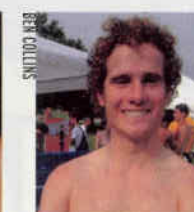
KELLY LEAR-KAUL



PHILIPPE KOZUS



LAURA SOPHIEA



TIMMY CARLSON

TIMOTHY CARLSON (7); DELLY CARR (RIGHT)